

The Training Genius – Right Resolve, Making Your Resolution Permanent

Where Are You Now?

What are your goals for or resolutions for the year 2010?

1. Decision/Action: Did this decision move me closer to or further from my goals? Circle: Closer or Further
2. Decision/Action: Did this decision move me closer to or further from my goals? Circle: Closer or Further
3. Decision/Action: Did this decision move me closer to or further from my goals? Circle: Closer or Further
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11. Decision/Action: Did this decision move me closer to or further from my goals? Circle: Closer or Further

12. Decision/Action: Did this decision move me closer to or further from my goals? Circle: Closer or Further

13. Decision/Action: Did this decision move me closer to or further from my goals? Circle: Closer or Further

14. Decision/Action: Did this decision move me closer to or further from my goals? Circle: Closer or Further

15. Decision/Action: Did this decision move me closer to or further from my goals? Circle: Closer or Further

Score: # of Decision/Actions That Move Me Closer _____

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